

Annual General Meeting 2011 of SHPHK

The SHPHK held its 2011 Annual General Meeting on 28th April 2011 at the SHPHK clubhouse. The General Committee members for 2011-12 were elected.

We hereby would like to welcome our new GC members, Ms Amy Chu and Ms Candy Tong.

2011-2012 SHGPHK GC members:

SO Yiu Wah (President)

CHUI Chun Ming William (Vice President)

NG Long Yee Stephanie (Secretary)

LAI Oi Lun Ellen (Treasurer)

CHAN Man Chi Sarah

CHAN Wing Lam Phoebe

CHEUNG Ka Lung Kenneth

CHU Man Wa Amy

CHUNG Wing Fai Kenneth

HUI Hoi Yun Helen

LING Ho Ming Michael

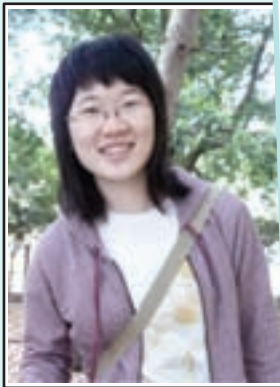
NG Man Keung

PANG Ying Ho Bobby

TONG Pui Kwan Candy

WONG Sze Ho Johnny

Now let us know more about the new faces in this year's GC, Amy and Candy.



Hello, I'm Amy from Queen Elizabeth Hospital. It's my great pleasure to be one of the SHPHK GC members to serve you. Being a member of SHPHK in the past few years, I have been entertained with newsletter, CE lectures, AIM sponsorship, and clinical forum etc. These contributions from the predecessors have impressed me in many ways. Besides, I noticed that the other GC members are extremely nice, funny and energetic! I'm very excited and looking forward to work (and play, of course in leisure) with them! SHPHK is going to host the Hong Kong Pharmacy Conference in the coming year. With my past experience in organizing the conference, I hope to bring you all a fruitful and enjoyable event!

Know me more:

Graduated from:

- ☉ University of Sunderland 2010 (MSc Clinical Pharmacy)
- ☉ Chinese University of Hong Kong 2007 (Bachelor of Pharmacy)
- ☉ Methodist College 2003

Experience:

- ☉ Queen Elizabeth Hospital since August 2008
- ☉ OC member of Hong Kong Pharmacy Conference since 2008
- ☉ Kwong Wah Hospital 2008 (internship)
- ☉ Merck Sharp & Dohme Ltd. 2007 (internship)

Hi everyone,

I am Candy Tong from Hong Kong Sanatorium and Hospital. I am really glad that I can be part of the General Committee family this year.

Time flies. Almost 3 years ago, when I was still a CUHK intern in Queen Mary Hospital, I met Chui PHA and So PHA. I have learnt much about SHP from them. Their enthusiasm and passion impressed me a lot. It was during my internship, I got the opportunity to participate in various SHP activities, for instance, press conference, drug education in nursery homes, articles writing for newspaper etc.. All these experiences are valuable to me, as they cannot be learnt from textbooks or notes!

It is great that I can be GC this year, meeting up with enthusiastic members and serving the profession! I look forward to learning more valuable experiences from all of you.

Candy Tong



Advances in Medicine 2011

The conference "Advances in Medicine 2011" organized by the Chinese University of Hong Kong, was held on the 4th to 5th June 2011 at the Hong Kong Convention and Exhibition Centre. A total of 97 SHPHK members joined this event with the sponsorship by the society. We hereby would like to thank all the members for their participation in this conference and their continual support to our society.

Ellen LAI is a pharmacist working at the Queen Mary Hospital

Ellen LAI is a pharmacist working at the Queen Mary Hospital

1. Li J, Nation RL, Turnidge JD, et al. Defining the Dosage Units for Colistin Methanesulfonate: Urgent Need for International Harmonization. Antimicrob Agents Chemother. 2006;50(12):4231-4232.

References

- <http://www.merckmanuals.com/professional/lexicomp/colistimethate.html>
- <http://www.rxlist.com/coly-mycin-drug.htm>
- Coly-Mycin M Parenteral, Parkedale Pharmaceutical
- <http://emc.medicines.org.uk/emc/assets/c/html/displaydoc.asp?documentid=1590>
- http://www.forestlabs.com/products/prescription/colomycin/colomycin_injection/spc
- Colomycin, Forest Laboratories

There are discrepancies in the calculation of recommended doses for normal renal function for the European and U.S. products. For example, the recommended upper limit dosage for a 60-kg patient with normal renal function is 480 mg of colistimethate per day for the European product and approximately 800 mg of colistimethate per day for the U.S. product. [1] For renal impairment, the dosage of Colomycin® is adjusted according to creatinine clearance while that of Coly-Mycin® M is adjusted according to serum creatinine.

In Hong Kong there is no registered colistin/colistimethate product for human use as of June 2011. Therefore the use of colistin/colistimethate is always on a named-patient basis. It is always the best and safest to refer to the product insert for dosing recommendation. If the product insert is not available (which almost inevitably happens when the box comes with multiple vials and only one copy of the product insert), please refer to the following websites:

Product	Recommended dosage (assuming normal renal function)
Colomycin®	Up to 60kg: 50,000 units/kg/day to a maximum of 75,000 units/kg/day. The total daily dose should be divided into three doses given at approximately 8-hour intervals.
Coly-Mycin® M	Over 60kg: 1-2 million units three times a day. The maximum dose is 6 million units in 24 hours.
	2 to 4 divided doses at dose levels of 2.5 to 5 mg/kg per day of colistin base.

Colomycin® and Coly-Mycin® M are not interchangeable in terms of dosing:-

Colistimethate, an inactive prodrug, is converted to the bioactive colistin by spontaneous hydrolysis once colistimethate is mixed into aqueous solution. Colistin then acts as a cationic detergent which damages the bacterial cytoplasmic membrane causing leaking of intracellular substances and cell death.

Colistin (polymyxin E) is a cyclopeptide antibiotic produced by certain strains of *Bacillus polymyxa* var. *colistinus*. It is licensed for treatment of infections due to sensitive strains of certain gram-negative bacilli which are resistant to other antibacterials or in patients allergic to other antibacterials. Colistimethate sodium (Colomycin®) produced by Forest Laboratories, U.K. (Colomycin®) is prescribed in international units. Nevertheless, there exists another product, Coly-Mycin® M Parenteral manufactured by Parkedale Pharmaceuticals, U.S., which is prescribed in milligrams of colistin base.

