

## “How come nobody ever wanna be a superhero?”

Dave was just a regular teenager: addicted to comic books, bound to Internet social networking utilities. Being a subject of bully at school, one day he couldn't help himself and exclaimed in a comic reading club, “We all like superheroes, right? But how come nobody ever tried to be a superhero?” And his friends answered Dave without any hesitation “Putting on a mask to help people? That's IMPOSSIBLE! Come on dude, because in real life, you'll be dead like.....in a day!”

Dave was not convinced, and he bought a wet suit from the Internet and started making his superhero costume. Though without any super power, Dave decided to get himself trained up, at least, by practising a bit of roof jumping and swing a pair of metal bars. After a while, he thought he was prepared to do some crime fighting trying to stop two gangsters stealing a car. But after all Dave was just a hooded regular person, he was beaten up so badly and got hospitalised for a month.



Still Dave was so persistent in his crime fighting business. A month after his recovery, Dave eventually saved a man from being beaten by a group of gangsters. And his heroic action was captured in video clip that was then uploaded on the Internet. This

“wet-suit crusader” became an Internet phenomenon that inspired a wave of real-life superheroes.

Afterwards in his crusade, Dave met two other hooded vigilantes. These two new friends, however, were both well trained and well equipped. But they respected Dave for his good intention. However, in one of their joined quests, Dave made an ignorant mistake that got them all trapped and one of his allies killed by the villains. Dave was so regretful and sorry of himself being weak and immature to continue with his quest of justice. But after a long sleepless night of thinking, an idea sparked in his head, “With no power comes no responsibility? The comic books said it wrong: it's all about a just heart and good intention! You don't need any POWER to be a superhero!” Dave eventually regained his courage and in alliance they avenged his friend who had sacrificed.

*(inspired by a recent adult-rated movie of which name better left untold)*

The image of clinical pharmacists could be like superheroes in comic books at some point of professional life: they are so adorable but who exactly are clinical pharmacists and what exactly they do may be difficult to comprehend if you have never come across one. Clinical pharmacists could have been distant to us, as we might have only learnt about their deeds in literature or in conferences. However, I could confidently say that the role of clinical pharmacist or pharmacists' contribution in the health care system is still evolving, just that our overseas counterparts might have taken the lead ahead of us in this quest. So for those among us who are eager to take a step forward and develop themselves as clinical pharmacist shall not be afraid, for almost everyone of us are still in such exploration. And fortunately we also have colleagues here in Hong Kong sharing their contributions as role models of clinical pharmacists for us to follow in this tide of changes.

After all, “going clinical” is not a slogan. We need to be as determined and persistent as Dave in his quest of justice. We may be as regular as Dave does in his story of crime fighting. But at least Dave knew his being unskilled and lack of power, and he took on some roof-jumping practices. Have we exhausted every means to furnish our skills and to keep abreast of our clinical knowledge? Have we seized every opportunity to give the best of us to optimise patients' care? We do not have to be called clinical pharmacist or being ward-based to be clinical enough in our delivery of care. And of utmost importance, it is the good intention to make the most out of ourselves to benefit our patients rather than our qualifications that counts.